# PERSPECTIVAS DE PAZ

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A WARM WELCOME

Pennsylvania's First International Student Exchange Program WELCOME Newsletter

Local Coordinator Gale Marvin with her husband Rex and son, Matt, taking a trip to Venezuela. They've also visited students in Ecuador. Both countries are so beautiful. They enjoyed touring and visiting with former exchange students and sharing pictures with us. Gale hosted and represented PEACE for 2 decades. This could be your future!



# THIS SPECIAL WELCOME ISSUE IS GIVEN OUT TO ALL NEW ARRIVALS AND CONTAINS VITAL INFORMATION. SAVE WITH YOUR IMPORTANT PAPERS.

2015-16 students are from China, Ecuador, Germany, Iceland, Italy, Latvia,, Mexico, Montenegro, Spain,, Thailand,, Venezuela

THANK YOU TO THIS YEAR'S INTERNATIONAL PARTNERS

Fuqin Zhao, Grace Gan international reps for China
Silvia Ochoa international rep for all of Ecuador
Paul & Markus Hallgrimson int'l. partnership for Germany & Europe
Cinthia Borja international rep in Southwestern Mexico
Brenda Espronceda international rep in Monterrey in Northeastern Mexico
The Villarreal Family international reps in Monclova, also NE Mexico
Javier Martinez international rep in Monterrey, Mexico
Jo-Elle Johnson international rep in Madrid Spain but from Washington DC

Potjanard Archwichai/Worentex Inc international rep in Bangkok, Thailand Hilda Munoz international rep for Venezuela and counselor to Spanish speakers

2015-16 students will be living in

California Hawaii New York Ohio Pennsylvania Verginia Washington

# FLAG HOLIDAYS Days to fly the flag

New Years Day Innauguration Day Jan 20 Lincoln' Birthday Feb 12 Washiington's Birthday Feb 22 Easter Sunday varies Mar-Apr Mother's Day 2nd Sun in May Armed ForcesDay 3rd Sa May Memorial Day lat Mon in May Flag Day Jun 14 Fathers Day 3rd Sun in Jun Independence Day Jul 04 Labor Day 1st Mon Sep Patriot's Day Sep 11 Constitution Day Sep 17 Columbus Day 2nd Mon Oct Navy Day Oct 27 Veteran's Day Nov 11 Thanksgiving Day 4th Th Nov Christmas Day Dec 25

Such other days as may be proclaimed by the president of the United States of America

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# ProAmerican Educational And Cultural Exchange

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#### Dates To Remember

#### Keep Warm And Well In Winter

One of our goals is to help young people in our hemisphere learn of American traditions and what we stand for as a God-fearing nation. We hope that, as adults leading their countries, this will benefit our relations with them. We in the United States also should know more than we do about traditions and history of our Latin American neighbors. In this newsletter we attempt to educate each other by listing and editorializing on many important political figures, historical events, cultural icons, and holy days which are recognized and often celebrated with national holidays.

July 4, 1776 - America's Declaration of Independence from the mighty British Empire (penned by Thomas Jefferson) was proclaimed to the World, founded on the concept of liberty and justice for all as rights given by God, not privileges from men.

July 4, 1826 - on the Declaration's 50th anniversary, Presidents John Adams & Thomas Jefferson died, then on July 4, 1831—died 5th president James Monroe, author of Monroe Doctrine—the cornerstone of U.S. foreign policy. July 4,1884 France presented Statue of Liberty to America. July 20 - Birthday of Simon Bolivar - Liberator of South America from colonization of the Spanish Conquistadores. July 31, 2005 President Bush address to National Jamboree "It's a fantastic sight to look out on more than 30,000 young men wearing the uniform of the Boy Scouts of America." "When you join a scout troop, and put on a Scout uniform, you make a statement. Your uniform is a sign that you're a certain kind of citizen -- trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean and reverent. These are the values of scouting; they're important values for America."

Aug. 1 - International Friendship Day - a time to recognize friends and their contribution to your life.

Aug. 7 - On this date Colombians celebrate the Battle of **Boyaca** to commemorate their victory over Spanish rulers. Aug. 6 & 9, 1945 - Atomic Bombing of Hiroshima & Nagasaki which brought an end to WWII three weeks later.

Aug. 10 - Ecuadorian Independence Day

Aug. 15 - Assumption of Mary - Catholic Holy Day

Aug. 10 - Ecuadorian Independence Day

Aug. 27 - Removal of Ten Commandments from Alabama Courthouse day of mourning for America's heritage. Aug. 28, 1963 - Martin Luther King led the march on Washington and gave his noted "I Have a Dream" speech on the 100th anniversary of Lincoln's **Emancipation Proclamation** declaring freedom for all American slaves. Aug. 30, 1967 - Thurgood Marshall became the first African-American justice on the U.S. Supreme Court. Marshall, as chief attorney for the NAACP, in June 1954 successfully argued the case Brown vs. Board of Education, which overturned the racial segregation of public schools.

#### LETS GET PHYSICAL

The temperature of each body part is directly related to blood flow to that area. When the outside temperature drops, your body automatically directs blood vessels near the surface of the skin to constrict in order to redirect blood flow toward vital internal organs like the heart and brain. Physical activity counters the cold by increasing flow of warming circulation. The good news is that a little effort can go a long way.

Don't Just Sit There! Standing will increase your heat production by 20% over sitting.

Get Into The Swing! For icy hands, swing arms windmill-style. EAT TO HEAT

Eating is another antidote to cold, since the digestion process produces heat. Choose something hot. Cocoa and Jalapenos! Although the amount of actual heat ingested is small, hot foods and beverages give the nervous system a warmth signal that encourages blood flow to the extremities. Spicy foods will do this too. Meat to Heat! Eating foods high in iron such as red meats and green leafy vegetables can help keep you warm. The body needs iron to make the thyroid hormone which stimulates heat production.

#### THE ART OF LAYERING

Air trapped between layers of clothes insulates better than a single heavy garment. Here are the basics.

Layer 1. Start with an undershirt or long johns in fabrics which trap body heat and wick moisture away from skin. Socks should be made of wool or wick-dry synthetic like Coolmax.

Layer 2. Wear long-sleeved cotton denim or flannel shirts which allow moisture to evaporate.

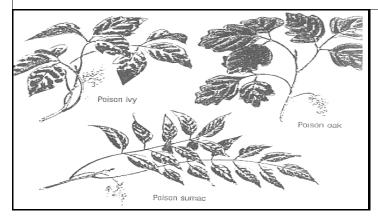
Layer 3. Pants and vests made of wool keep body core warm without bulk. Water-proof boots with felt liners or other insulation keep feet dry and warm.

Layer 4. Choose coats and jackets with fleece linings and outer shells made of wind- and water-resistant PVC coated nylon. Fleece is the fabric favored by professional skiers an mountain climbers because it retains natural body warmth even when wet and has a very high "warmth to weight" ratio making it effective without being bulky. Quilted poly/cotton is another excellent lining material. The quilting traps and retains body heat. Layer 5. Hot Rods Winter Liners, Hats, Neck Warmers and

Vest put climate control on your side to keep the entire body warm.



## Common risks of the North American outdoors



#### SKIN POISONING: from Poison Ivy, Oak, or

**Sumac** is not deadly, but it is annoying. Touching these plants will cause the skin to become red and itchy, and blisters may form. The plants give off an oil. If you have the oil on your leg, and then scratch your leg, and later rub your nose, you will get the rash in both places. Touching another person will pass it along, if you have the poison oil on your hand.

FIRST AID: If you think you have touched a poisonous plant, wash immediately with soap and water; then rub with alcohol. Calamine lotion relieves the itching. It will normally clear up in about 10 days, unless too much scratching causes infection.

#### **Plant Identification:**

**Poison Ivy** has three green leaves which are smooth and turn red in the fall. In the spring it has small cream flowers which ripen to tan berries.

**Poison Oak** has 3 leaves like oak trees, but grows like a shrub.

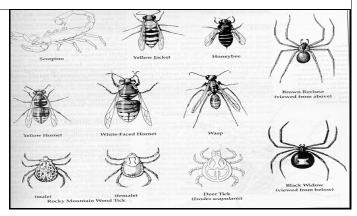
**Poison Sumac** is a tall rangy shrub with paired leaves growing in damp swampy areas. It has smooth leaves and pale yellow fruit. A non-poisonous type has red fruit and toothy edges.



#### JEWELWEED REMEDY

Jewelweed is a smooth annual growing 3-5 ft. tall. Pale jewelweed has yellow flowers that are a

bit trumpet shaped. The flowers hang from the plant much as a jewel from a necklace. The Spotted Touch-Me-Nots have orange flowers with dark red dots. The seeds will 'pop' when touched, that is where the name Touch-Me-Nots came from. American Indians used it as a medicine for treating the rash and pain of poison ivy. They crushed a handful of the plant and applied the juicy mess to the itching areas for quick relief.



LYME DISEASE: occurs about 3-14 days after a tick bite and is manifested as an expanding round or oval-shaped rash, which can be a few to many inches in diameter. The rash usually disappears on its own in a few weeks, but in some cases has lasted a year. At this stage many patients have flu-like illness with fever, fatique, headaches, muscle and joint aches. In untreated patients this will frequently develop into a form of arthritis and 15% develop neuro- logical disturbances like meningitis or paralysis of the face. For 8% an irregular heart beart, dizziness, or fainting occurs.

CAUSE: This condition is caused by tick bites, so you should cover feet and legs when walking in wooded areas and fields. Ticks are very small — about the size of a pinhead, but after a meal of blood they may grow to many times their original size. They usually feed on animals, like deer and mice, but sometimes humans, too; and when they do, an infected tick may give that person Lyme Disease.

SEASON: Most cases occur from May to November, with a peak incidence of bites in June and July.

FIRST AID AND TREATMENT: If you find one on your body, remove it with tweezers by grasping the tick as close to the the mouth as possible and gently pulling it away from your skin. Check your pets, too. There is also a common American dog tick, which is not as infectuous, but should still be treated carefully. The earlier the treatment the better your success, so, if you have the rash, see a dermatologist immediately.

#### Que es la enfermedad de Lyme?

La enfermedad de Lyme es una infeccion causada por una bacteria llamada Borrelia burgdorferi (un tipo de bacteria que corresponde al grupo de Spirochete), que es transportada por el venado. Una garapata infectada puede transmitir la enfermedad de Lyme a humanos y animales a traves de su picadura.

## **URGENT NEWS FOR ALL PARENTS**

PARENTS AND STUDENTS, PLEASE SAVE ALL NEWSLETTERS WITH YOUR HANDBOOK SOME CONTENT IS REFERENCE MATERIAL



## Post-Arrival ORIENTATION Workshops

are conducted regionally by office staff, counselors, and area reps for the benefit of exchange students & their host families. Orientations are most effective if held within 4-6 weeks of arrival - Fall arrivals in late Sep/early Oct.; Winter arrivals in February. Please, put us on your priority list, and say, "I'm too busy" to someone else. If you can offer your home or church hall for a group to meet in call your area representative or PEACE at 800-377-2232. If you haven't heard about yours by the time you get this newsletter, *CALL YOUR AREA REP FOR THE DATE & TIME*.

These meetings are required by the U.S. State Department. Lucky for you, we decided, what the heck, let's make 'em fun, too. This may be just with your family, but If others are near you, you may meet other host families and their students and get to swap experiences with fellow-first-timers and old pros, too. We'll play some games, maybe watch a video of past field trips, review rules (yeah, gotta do that), discuss culture shock and share ideas on how to handle it, and feast on an international pot-luck supper. All students are asked to make a tasty dish from their country.

Sadly, in the past, some people skipped this activity, thinking it would be boring and a waste of time, like hated meetings at work. They didn't think they needed any help or advice, since they were having such a good time. But those who attended always said they had more fun and learned more useful ideas than expected. As the saying goes: "An ounce of prevention is worth a pound of cure." So whether a student or a host, if you have any concerns, don't try to solve problems yourself or wish them away. Address them early and ask for help and advice.

#### **INSURANCE ALERT**

Turbulent times cause annual changes in our coverage and making it hard to keep our materials current. Rely only on the actual company certificate of coverage and brochure for factual description of coverage. School time accident policies are strongly recommended to cover the higher risks activities sometimes excluded by the policy. Compare the exclusions list to your lifestyle.

#### TRAVEL PAPERS

COPIES of these papers must be sent to the PEACE office. Students are not allowed to travel about the country until we have these documents!

- 1. **DS-2019** This form is the one you took to your consular interview It is stamped again at the border.
- 2. **Passport photo and ID # page** (This is the <u>first</u> page in your passport (home country identification).
- 3. Your **VISA** has your picture in color, USA written on it and is put in your passport at the embassy.
- 4. If your visa application is issued by a school instead of a program, due to you being too young or too old for a J-1 visa your visa application is an I-20 & the visa is an F-1 but our relationship is the same.

#### Athletic Eligibility:State Regulations

If you are told that state rules prohibit your student from play, phone your state interscholastic athletic association and get a written copy of the rules. We sometimes find principals misinformed when interpreting the rules as applied to foreign students.

PIAA has a Transfer-waiver form to help determine eligibility. It is the responsibility of the U.S. school principal to fax it to the principal in the student's country to be completed and faxed back. It is the students responsibility to get the foreign principal's name, phone and fax number to the U.S. Principal.

Exchange students need the camaraderie and healthy exercise gained from competitive athletics. It can be the surest and quickest way for a "strange new kid" who doesn't speak English very well yet to get attention, be respected, and make friends.

Many state policies restrict student participation in competitive sports to prevent coaches from seeding teams with ringers by banning students sponsored by programs not listed by the CSIET, a private association requiring members to not honor requests for students of a particular athletic talent. CSIET is prohibitively costly for small programs like ours; but *children are the ones suffering, not coaches*.

Some states don't allow students to play sports if graduated in their country, regardless of age, years of school or competitive experience in the chosen sport, even though most students prefer to graduate at home before becoming an exchange student.

Federal guidelines do not regulate extracurricular activities. If your state rules are not friendly, start a petition. There are fairer ways to regulate overly zealous coaches than to punish innocent children.

## Meet Your Directors



Richard Page, Founder, President and Director, oversees entire program, makes final approval of students, host families, U.S. & international reps and their reports. Mr.Page travels through Eastern U.S. and abroad speaking in schools & churches, meeting families, students & school personnel. He plans and runs student travel, an annual field trip, TOEFL test, oversees the judging and emcees the awards banquet.

Terry Page, Co-founder, Vice-President/Secretary/Treasurer, assists in administration, banking, faxing financial reports to CPA & bookkeeper, mailing staff and LC payments, supervision in and out of the office, helps match families with students, and checks references. She's the best counselor of nervous new moms — after all, she hosted six of our lovely young student ambassadors!



## Counselors lend a kind and sympathetic ear in their language & ours



Hilda Muñoz 1-877-577-3590 munoz@peace-inc.org fled her native Cuba for the USA when Castro took over. At Louisiana State Univ. she met and married Francisco from Spain. They made their home in Venezuela. After having sent her three children and hosted AFS exchange students, in 1994 Hilda became a rep for PEACE helping hundreds of students come to the USA. When Fidel helped another Communist take over Venezuela, they emigrated to Florida in 2001, after training new reps to service Venezuela. Hilda is now the senior counselor for Spanish speaking students.



**Cleide Munroe** 1-877-477-3590 munroe@peace-inc.org is a native Brazilian who was an exchange student in Michigan. She married a North American and now lives in Orlando. She became an international liaison in 1994. Her sister, Connie Almeida, who lives in Fortaleza, is our Brazilian representative. Cleide counsels all Portuguese speaking students from Brazil while in they are in the United States. Her niece was one of our best exchange students ever.



Grace Gan in Beijing China recruits students and has network in the USA for placing her students in both J-1 and F-1 private school students. She travels to the USA to visit schools and students during the year. comes to see his sister in Pittsburgh.



David Lee lived half his life in America and half in South Korea. He's an officer of BFEDU, one of Korea's best organizations. He sent us one Student of the Year. David visits our office every year when he



Korean Kevin Kim, and family live in Harrisburg PA. Specializing in F-1 private school students he places & counsels for



Fuqin Zhao,fuqin@hiwayconsulting.com Chinese but college educated in American, lives in NYC. travels back to China for recruiting and orientations. A sweet, gentle soul who puts everyone's needs ahead of her own.



Paul Hallgrimson (L) is the founder of Global Horizons. He and Son Markus lives in Germany, running GH in Europe and in USA. They are a team to give host parents and exchange students the best of both worlds when it comes to advice.



And Here's Your Office Staff WE'RE HERE IF YOU NEED US!! 800-377-2232

**Records Manager Dolores Forte** 

and Adminstrative Assistants





Make files for host student and LC applications, enter in database, order supplies, prepare student, LC & host orientation kits, school enrollment, order air tickets, student insurance, recruiting and support forms; send progress reports to int'l reps, payments & receipts to LCs; send arrival and departure schedules to students, host and reps, helps make newsletters & other bulletins; manage Outlook lists. Yi translates Chinese documentss and counsels Chinese students. Leticia is a degreed psychology intern and counsels hosts and students and edits psychological profiles for orientations and bulletins.



J-1 public school students, too.



Volunteer Kevin Killian a Penn State Media Major helps update the, website togethers student progress. reviewing report cards, area rep reports for achievements and activities for recognition in the newsletter and for end of year awards. She writes, researches, and edits press releases, PSAs, advertising, brochures; and helps Mr Page update our web pages and put together newsletter.



Placement Coordinator Kathleen Reichwein, calls prospective host families every night to find the best homes for our students. Kat also oversees relocations and placements with former host families and assist Director with relocations of students and conducting reference checks



Robert B Miller, CPA & Controller and Bookkeeper David Petz handles all payroll, Accounts Receivable and Accounts Payable, process timesheets, auto deposit payroll in staff accounts, prepare federal and state payroll tax forms, W-2s, LC 1099s and annual IRS 990 informational return.



School & Rep Coordinator Sandra Peiffer calls World Language and Cultures teachers to schedule workshops, and helps enroll students. She also helps recruit and train local coordinator by emailing work materials and explains on the telephone and sets up state department certification of new LCs.



For all of our newly arrived students, I want to share with you a letter that was sent to us from our 2003-2004 Student of the Year. It will connect with the feeling that many of you are dealing with right now. This is a story about before and after.....

## My Baggage

How did it happen? I don't know. The last thing I remember is that I was crying for the life I left behind. When I left, I had so much baggage along. When I arrived as I was unpacking I felt like it was all my memories, my friends, my family, their love, their blessings, my life what I was getting rid of. I started feeling so empty just like my bags were getting too. I decided I had 10 months to fill them up again. I had to make new friends, to get new memories, start new relationships with new feelings.

The sadness however, was giving me a hard time. Before I left, I had everything I asked God for and even more. Love and wonderful people surrounded me. I just had the nicest life I could've had asked for. It was too much to ask if I asked to get a new life as nice as the one I had.

With the situation I was going trough, it seemed impossible to achieve. I thought I would never make it and that I had made a total mistake. I couldn't even be myself, how was I gonna make it all on my own?

I couldn't take it anymore, so I gave up. I left everything on God's hands. I trusted Him more than ever in my life. I gave Him everything, my family, my friends, my dreams and the hopes that I had for the new life I was starting. I had no request at all I just trusted him with faith and I would respect His will whatever it was. After that things just happened to be like a dream. The time went even faster than I wanted it to be like.

It's now that I'm packing again when I realized what an excellent choice I made. I'm packing and I just find no place to put everything I own now. My baggage has more than doubled. I luckily have not just everything that I brought, but so much more new things that I found here.

I'm taking with me great memories of so many wonderful moments. I also find some hard and sad moments that I keep because they made my spirit and my faith in God to grow so much. I get to take so many friends. They are extraordinary human beings who helped me through the tough moments and celebrated with me the joyful ones.

God has been more than generous because in my bags (my life) I find His blessings. I'm so thankful to Him and to all those people for everything they've done for me. I just hope I gave all these persons half of the happiness they gave me. They are the sunshine for every day of my life and even though I'm leaving it will always be like that. They'll be in my heart forever because I've learned so much from all of them and I love them so much. God bless them all.

Evelyn Garza

#### ANOTHER VOICE OF EXPERIENCE

# PERFECTIONIST CHILDREN NEED REALISTIC GOALS

To a person who is a perfectionist, anything less than the best is unacceptable. Though these people are high achievers with above average intelligence, their world is one of unattainable goals and unrealized expectation.

Foreign exchange students, when they arrive, often are expecting to achieve socially and academically the same as they did in their home countries. This is unrealistic in the first weeks and even months of adjustment.

Parents, experts recommend addressing the problem if your student seems too anxious about not measuring up or is unwilling to try new things for fear of failure. A few students are intitially reluctant to speak for this reason. They don't want to embarrass themselves by their gramatical mistakes.

Regarding homework, host parents who jump in and finish projects for their student at the first sign of trouble send kids the message that they can't do anything well on their own.

Ask to see their assignments to be sure you know what's due. Be supportive, but let them finish tasks by themselves. Ask questions to lay a path of clues to the answer. This way they discover answers like detectives, taking great pleasure in it.

Students, it's OK to make an error. You are human. Recall childhood mistakes as well as successes. In a new culture and language you're like a child again. You must first crawl, then walk, then run.

Avoid being too goal oriented too soon. Don't focus on the end product. Take pride in each small achievement. Note your growth in retention from the previous week. Becoming good at something takes time and practice. Don't be hard on yourself for early results. Take pleasure in the challenge.

It's important for all of us to experience successes, even small ones. If a project seems impossible to complete, we suggest dividing it into sections. This way you can reward yourself upon finishing each part.

Also remember there is one Comforter who is with you no matter what country you are in: Jesus. He knows how you feel. He knows your heart. He understands when you are lonely, discouraged, frustrated, fearful, tired, and anxious. He knows your troubles. He has your solutions —if you ask.



#### A FRIENDLY REMINDER:

Most American homes do not have maids. In our culture, all family members do their share and help each other as needed. So forget those maids back in your home countries, and truly live the American culture and help clean your house together!!!

**PARENTS:** Speak **s-l-o-w-l-y.** It's easier to say what you've thought out and translated than to translate, understand and reply... Remember your student isn't deaf.

You don't have to speak louder!

#### RICHARD'S TV & READING LIST



PEACE supports ministries that try to preserve traditional family values in an increasingly secular culture. When we get back issues of *Focus On The Family* or similar magazines, we include them in your welcome kits or Christmas mailings.

#### Other recommended faith-based resources are:

The Shepherd's Chapel: 24/7 Bible lessons Dish & Direct TV networks Religious Rights Watch, The Christian Coalition 800-325-4746 Christian Educators Association International 818-798-1124 The Myth of Separation, Wallbuilders Publishing 817-441-6044 Truth in Action Ministry: (Late) Dr. James Kennedy 800-229-9673 973-454-0505 Evolution: Bone of Contention, Evangelical Press Racism in the Church by Dr.Frederick Price: Sunday on LifetimeTV In Touch by Dr. Charles Stanley [Oneplace@crosswalkmail.com] The Fight Back Book: American Family Assoc. 601-844-5036 The Jesus Film: (Campus Crusade for Christ) 800-432-1997 Dr. Laura Schlessinger: psychologist (author, radio talk show host) Breakpoint: by the late Chuck Colson free at service@breakpoint.org Catholic Answers (scriptural apologetics) www.catholicanswers.org *Life Principles* (4 levels of happiness) www.lifeprinciples.org Unto the Hills: Billy Graham: the all time best daily devotional Traveling Light (based on 23rd Psalm) by Max Lucado A Love Worth Giving (base on 1 Corinthians 13, 4-10) by Max Lucado *The Federalist Papers:* by four authors of the US Constitution The Life and Times of Frederick Douglas: his 3rd autobiography

# **Spanglish** VOCABULARY QUIZ (try to match words to definitions)

El Niño Underwear

Hershito Reason to call a plumber
Wrinklisimo Baby's dirty diaper
Dreadito Mexican Chocolate
BVDitos A long shower

Spamaria Feeling when in-laws drop by Leakisimo Ham Canning Factory

Smelito #1 excuse for being late

[Submitted in 1992 by Tom Sword (PA) and Fernando Montalvo (MX), a deranged host father & student.

The correct answers are not provided. You're on your own!]

"IT LOSES SOMETHING IN TRANSLATION." Much between English and Spanish requires reversing the order of the parts of speech. For example: English says, "The red car" while Spanish says, "The car red". Many students have abruptly announced, "YOU need to take me to the mall for new sneakers!", prompting the upset host parent to respond, "I don't NEED to take you anywhere!" What your student really means is, "I need YOU to take me to the mall."



HARRISBURG, BALTIMORE, DC, VA? Call us for great rates at the hotels we stay in during our Spring trips. THE POWER OF PATIENCE (advice for all) We wait for incomplete documents to be finished. You wait for your child to be placed or a school to grant an enrollment or a consulate to schedule an interview or an insurance bill to be paid)

From In Touch Ministry with Dr. Charles Stanley [mailto:Oneplace@crosswalkmail.com]

Hebrews 6:9-15 http://www.biblestudytools.com/nas/hebrews/passage.aspx?q=hebrews+6:9-20

Picture yourself waiting in a checkout line that hasn't moved for ten minutes. Many of us feel frustrated. We live in a generation that expects instant results.

Everyone struggles with some degree of impatience. We're born with this trait. Think about a three-month-old who wants milk in the middle of the night. The inborn reaction is to fuss at the first hint of discomfort and to keep at it until the need is met. Patterns from our old "flesh" nature make this a continual battle for most people, but one that is very worthwhile to fight.

Let's consider the biblical definition of patience. It can mean both longsuffering and perseverance, or not giving up and yielding under pressure. In either case, it reveals itself when we are willing to wait without frustration while suffering or experiencing some strong desire. In other words, we accept difficult situations without giving God deadlines.

What's more, patience means accepting what the Lord gives, on His time-table -or what He chooses not to give. This quality results in inner peace and lack of stress. Meanwhile, we should pray, obey, and persist as we seek God's direction.

The danger of impatience is that we might miss the Lord's perfect plan and His blessing. Only when we trust our Father's will and timing can we rest peacefully.

What causes you stress? Carefully examine whether you are taking matters into your own hands or releasing the circumstance to almighty God. Listen to Psalm 37:7, which says, "Rest in the Lord and wait patiently for Him." Seek His way and His timing. Anything else can be destructive.

YOUR WEBSITE: Keep us up to date on what you are doing by sending pics'n news to Richard Page at paz@peace-inc.org. Pictures and news goes into the upcoming newsletters. Your activities are recorded on file for student recognition during our annual spring trip. Get into school & community activities; then let us know about it. Awards are presented for Arts, Academics, Speech, Church, Community Service, Athletics, & Ambassador at Large. Send us a copy of your report cards. We don't want to miss anyone when posting the Honor Roll. In 2014 so few reported news that we almost canceled the awards party. We are not going to search your Face Book or Instagram so email us!

Students, we'd also like to send e-mails to you, your parents, and host families, but we may not have the e-mail addresses we need. To be on the safe side, please help by sending us your most current e-mail address to <a href="mailto:paz@peace-inc.org">paz@peace-inc.org</a>

ONLINE DICTIONARY AND THESAURUS site -- more than 800 dictionaries in 160 languages -- <a href="https://www.eslcafe.com/">www.onelook.com/</a> breaking down dictionaries by topics: arts, medical, sports, etc. To sound like everyone around you and not just like a member of a university's English department, check out this Slang page - <a href="http://www.eslcafe.com/slang/?">http://www.eslcafe.com/slang/?</a>

#### **NEW ENGLAND?**

The Ramada near Providence gives us great rates with hot breakfast, heated indoor pool, big yard to play soccer on + stores to walk to.









HOLA!

# ¿Sabias Que? (Do you know what?)





STUDENT OF THE MONTH: Forthcoming newsletters feature short profiles about outstanding students. One will be awarded Student of the Year at a formal banquet. Who will it be? Nominations are from teachers, families and students!

REPORT CARDS AND HONOR ROLL: Student academic achievement is monitored by the PEACE office for future recognition and surveys. Therefore, please forward us copies of school progress reports and report cards so we can publish it in this newsletter.

PERFORMING ARTISTS, *Help us with our star search!*êEach year we honor students who excel in service, sports, arts, public speaking, and academics. We'd love copies of your video or audio tapes of students' performances in talent shows, musicals, and concerts. E-mail scans or photos of visual arts projects: posters, photos, paintings, murals, sculptures, or stage sets for the newsletter!

ESTUDIANTES Si tu obtenienes buenas calificaciones y esta en el cuadro de Honor mande copias de tu reporte a la oficina . Por favor, escribir a la oficina para compartir sus impresiones y experiencias, en todos sus logros academicos, deportes y cualquier viajes ó aventuras. Que nosotros lo compartiremos con los demas estudiantes y familias en esta carta nueva, reconociendo al mejor estudiantes de cada mes y para la entrega de premios en la cena anual de gala de PEACE. Ver historias comicas y fotos en esta paginas Que."

# Parlando con sus Consejeros

Los estudiantes americanos, tienen los mismos problemas cuando son reubicados en un pueblo nuevo. Los circulos sociales estaran establecidos antes de tu llegada, todos seran amigables y te sonreiran, pero tu tendras que empezar algun tipo de conversacion en, el autobus, la cafeteria, etc. Conocer personas es muy facil cuando estas involucrado, en algun deporte, club o equipo. Pidele ayuda a tu consejero de la escuela, tu tuviste el corage de venir a los E.U., y eso te pone 99% adelante de la poblacion. Ahora, adelante y anda el resto del camino, INTRODUCCION A LA NUEVA SOCIEDAD. Recuerda que, " lo mas importante no es fijar una meta, si



## Questions About God, His Mission, and Ours

The mission of PEACE in 1988 and our Congress in 1946 was and is to unite the world through our children by bringing future leaders to experience America's story live rather than read about it. PEACE is a faith based organization—primarily Christian Oriented. But our roots are from Abraham, a Jew, and so are the roots of Muslims. So confusion and ignorance need not rule. America's founders clearly embedded our roots in Godly principals and loudly gave Him the credit in our Declaration of Independence, and long before, in the Mayflower Compact. Jefferson, the least orthodox president, held church services weekly in the basement of the U.S. Capitol where the Supreme Court used to meet. Look it up.

Public schools were started before Massachusetts thought of it, in the federal territories (The Northwest Ordinances as a U.S. Congressional Act followed the Louisiana Purchase, in order for the pioneers to attain sufficient literacy to read Shakespeare? Nope — to be able to read the Holy Bible. Why? So that the Godly principals established by our well-educated founders and framers could be continued into the new territories by their new American citizens who would lead the western expanse of this great country. Our money and our monuments attest to this uniqueness. Like Washington, Adams, Jefferson, Madison, Monroe, Franklin and so many others it is my personal mission to see the 21st century leaders continue raising up Godly leaders here and abroad.

Since Darwin misguided theory of evolution undermined once a given that we were to be accountable to our Creator, atheists and agnostics have grown in numbers and our courts and our laws reflect this confusion that began during the sexual revolution of the mid-20th century. Yet if science is our new God, then why is it that every single field of science was founded by Believers in intelligent design? Most recently, the science of microbiology exploded the absurdity of evolution by revealing that all living cells -plant or animal- have the complexity of a modern factory. The intelligent design of the smallest particle screams of a creator; and all mathematicians say that the probability of natural selection by accident is the best definition of 'absurdity' imaginable.

So why does the first decade of the new millennium display the most frequent and vicious attacks on God the Father, the Son, and the Holy Spirit? Because to justify sin we must pretend there is no God to be accountable to. Believers must be able to defend the faith to the agnostic. Your future and theirs depend on it. Judgment day is not far off. We are called by Christ, as the apostles were, to testify of our maker before his free gift of Grace runs out. Before the printing press, men and women vocally testified of what they saw in the flesh. God becoming one of us to show how to live. He said, "We will make man in our image". Then 500 witnesses to His resurrection from death were told to go out and share the good news to Jew and Gentile, to free and slave, to all the races, to rich and poor, to strong and meek. The gift of life is free. Simply believe and share your wisdom. Use it. Paradise awaits those who obey Our Lord's commandment to love. See 1st Corinthians 13, 4-10 for definition.

Richard S. Page: Founder & Executive Director of the ProAmerican Educational And Cultural Exchange, Inc. An IRS determined 501c3 non-profit organization, Designated by the U.S. Department of State since 1990